

Participants

Children, parents, teachers, school administrators, and the general public are all encouraged to participate. The event is promoted to over 200 public and private schools serving over 120,000 northwest-suburban children. **Event proceeds of at least \$5.00 per participant will be distributed back to the schools or school district education foundations** to fund activities that encourage wellness. Over \$130,000 has been raised for schools since the inaugural race in 2012.

Event Host

NORTHWEST ROAD**RUNNERS**

Northwest Road Runners, Inc. is a local running club that was established in 2011 for the purpose of organizing this race for the Northwest Suburbs. Our goal is to encourage kids (and their parents & teachers) to become interested in running as a healthy lifestyle choice, not just for this year, but for the rest of their lives. We are a non-profit 501(c)3 charitable organization.

Champion Sponsors



Northwest Community Healthcare

For more information on the event: www.Got2Run.org

Be A Sponsor!

Contact Jeff at RaceDirector@got2run.org Be A Volunteer!

Contact Sue at Volunteers@got2run.org

Event Info

Got2Run . . . For Education

7th Annual Run/Walk to benefit wellness in local schools

- 2.62 Mile "Micro-Marathon" Run/Walk
- 8K Run (4.97 miles)

Race Location:

200 East Sigwalt Street, Arlington Heights, IL 60005 (Across the street from Village Hall) The race will be run in the Scarsdale neighborhood.

Registration:

- Online: www.signmeup.com/123575
- <u>Mail:</u> Complete this form and mail to: Northwest Road Runners, 1006 W. Isabella, Mt. Prospect, IL, 60056
- <u>Race Day Morning</u>: 7:00am 7:45am

Race Parking at three public garages:

- Adjacent to the Village Hall (enter off Sigwalt)
- Sigwalt & Evergreen (enter off Evergreen)
- Sigwalt between Vail & Highland (enter off Vail/Highland)

Awards:

- <u>Top finishers:</u> Prizes will be given to the overall male and female winners in the 2.62, 8K and wheelchair races.
- Youth age groups 19 and under: Prizes will be given to the top 3 finishers in each age and gender category for the 2.62 and 8K races. Awards will be presented at the post-race awards ceremony.
- Adult age groups 20 and over: Prizes will be given to the top 3 finishers in each age and gender category for the 2.62 and 8K races. Awards may be picked up at the awards table following the event.
- · See website for the list of age categories in each race.
- All participants will receive a 2.62/8K bumper sticker or magnet and a 2.62 backpack tag.

Packet Pick Up:

- Friday, May 18th at Runners High-N-Tri, 121 W. Campbell St., Arlington Heights, IL 60005 from 10:30am - 7pm.
- Race Day, at the registration tent between 7:00am 7:45am.

Race Course: Both the 2.62 and 8K courses have been certified by the USA Track & Field organization. Police and volunteer marshals will staff intersections and direct traffic, but the course will not be completely closed to traffic.



Race Shirts: All pre-registered participants will receive a short sleeved technical T-shirt (both adult and youth sizes).

Timing & Results: CHIP TIMING! Course clocks will be located at each mile. Race Results will be posted on race day at the finish line and online at www.Got2Run.org.

Safety:

- For safety reasons, pets, roller blades, skateboards, and bicycles of any kind will not be allowed in either race.
- · Strollers will be allowed, but must start behind the runners.





Run Saturday, May 19, 2018 Start Time 8:00am www.Got2Run.org

Like Us on Facebook! Search for "Got2Run"

REGISTRATION FORM	Enter online at: www.	Enter online at: www.signmeup.com/123575		
Last Name	First Name			
Address	City			
State Zip	Contact Phone	Sex: □ M □ F		
Fmail	Date of Birth	Age on 5/19/2018		

Event Fees

Event registering for: \Box 2.62 Run/Walk \Box 8K Run \Box 2.62 Wheelchair (Unassisted) Note: Due to course timing restrictions, if you are planning on walking the entire course, please register for the 2.62.

	Early Registration	Registration
	(thru Sun. May 13 @ 8pm)	(after Sun. May 13 @ 8pm)
Student - 19 or Under	\$15	\$20
Adult - 20 or over	\$25	\$30
Stroller Rider (Untimed)*	\$5	\$5
Wheelchair Pusher (Untimed)†	\$5	\$5
No-shirt option	deduct \$5	deduct \$5
Got2Run Running Hat (Optional)	\$10 each	\$10 each

Notes: A \$1.50 online transaction fee will be added to each participant registered online (except Stroller Rider or Wheelchair Pusher). Race will be held rain or shine. All fees are non-refundable and non-transferable.

*Stroller Rider (Untimed) receives a t-shirt and an untimed bib, but is not eligible to select a school for funds distribution. Stroller Pusher signs up as Student or Adult and receives a timed bib.

<u>†Wheelchair Pusher (Untimed)</u> receives a t-shirt and an untimed bib, but is not eligible to select a school for funds distribution. Wheelchair Rider (Assisted) signs up as Student or Adult, receives a timed bib, and will be placed in Wheelchair Rider division of the 2.62 race. Unassisted Wheelchair participants sign up as Student or Adult, receive a timed bib, and select 2.62 Wheelchair event.

Make check payable to:

Mail to:

"Northwest Road Runners"

Northwest Road Runners

Mt. Prospect, IL, 60056

1006 W. Isabella

Race Shirt Selection (Tech Shirts)					
Men	□s	Μ	ΠL	🗆 XL	□ XXL
Women	□S	Μ	ΠL	🗆 XL	□ XXL
Youth	□ YS(6	6-8) 🛛 YM	VI(10-12)	□ YL(14-1	6) 🔲 YXL(18-20)
None I've deducted \$5 from my registration fee					
Got2Run Running Hat (Limited edition—please indicate quantities of each color desired at \$10 each)					

____ Gray ____ White ____ Blue

Waiver (Must be signed.) One form per participant, stroller rider, or wheelchair pusher required.

I know that running a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, and all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Got2Run For Education event, Northwest Road Runners, Inc., the Village of Arlington Heights, the Road Runners Club of America, schools, school districts, school related parent & fundraising groups, event sponsors & vendors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, event though liability there record of this event for any legitimate purpose.

Signature:	Date:
(Parent or Guardian Signature if under 18 years) Emergency Contact Name	For Official Use Only:
Emergency Contact Phone Number	RACE NUMBER

Please Check the Box of the School for Which You Are Participating: Event proceeds will be distributed back to the schools or school district education foundations of each participant's choice to fund activities that encourage wellness. At least \$5.00 will be donated per participant. (2017 donation was \$14.55 per participant.) Please check only one school. If you don't see your school or school district listed, please write it in below.

 East Lake Academy
 Holy Family Catholic Academy
 Immanuel Lutheran
 Jeruselam

> Evangelical Lutheran

Mary Seat of

 Wisdom
 □ Mooseheart School
 □ Northridge Preparatory
 □ Our Lady of the

Wayside
Plato Academy
Prince of Peace
(Lake Villa)
Queen of the
Rosary
Quentin Rd.
Christian
Quest Academy

□ Schaumburg

Christian St. Alphonsus

Liguori

□ St. Andrews

Lutheran St. Anastasia

Catholic

□ St. Constance

Catholic St. Emily Catholic St. Francis de Sales

□ St. Anne Catholic □ St. Colette Catholic

□ St. Hubert Catholic

□ St. James Catholic

□ St. Mary School (B.G.)

□ St. Paul Lutheran

(Schaumburg) □ St. Raymond

 St. Paul of The Cross
 St. Peter Lutheran

(A.H.) □ St. Peter Lutheran

Catholic

□ St. Theresa

Elementary St. Thomas of

Villanova

□ St. Viator

□ St. Zachary

Catholic Westminster

Christian

□ The Willows

Academy

Home School

Co-op

n you don't see y	Your school of school	n district listed, pie	ase write it in beiov
Public School Districts	□ Riley	Gemini	Blackwell
Arlington Hts. SD 25	Tarkington	Mark Twain	Campanelli
Dryden	🛛 Twain	Melzer	Churchill
Greenbrier	Whitman	Nelson	Collins
Ivy Hill	Community	Stevenson	Dirksen
Olive-Mary Stitt	Consolidated SD 59	Washington	Dooley
Patton	Admiral Byrd	Hawthorn SD 73	Einstein
□ South	Brentwood	Aspen	Eisenhower
□ Thomas	Clearmont	Dual Language	Enders-Salk
□ Westgate		Elementary North	□ Fairview
□ Windsor	Forest View	Elementary South	E Fox
Barrington CUSD 220	Friendship JH	Middle North	Frost
 Arnett C. Lines Barbara B. Rose 	☐ Grove JH ☐ Holmes JH	Middle South Townline	Hale
□ Barrington HS	I John Jay		 Hanover Highlands Hoover
BMS – Prairie	□ Juliette Low	Kildeer-Countryside CCSD 96	
BMS – Station	Ridge Family Center	Country Meadows	
	Robert Frost	Ivy Hall	Lincoln Prairie
Grove Avenue	Rupley	☐ Kildeer Countryside	
Hough Street	□ Salt Creek		□ MacArthur
North Barrington	Community	Twin Groves	
□ Roslyn Road	Consolidated SD 62	Willow Grove	
Sunny Hill	□ Algonquin	Woodlawn	Nerge
Bensenville SD 2	Central	Lake Zurich SD 95	□ Stevenson
Blackhawk Middle	Chippewa	Isaac Fox	Wood Dale SD 7
School	Cumberland	Lake Zurich HS	Early Childhood
Mohawk School	Early Learning Center	May Whitney	Education Center
W. A. Johnson	Forest	Middle North	Oakbrook
School		□ Middle South	U Westview
□ Tioga School	□ North	Sarah Adams	Wood Dale JH
Community	Orchard Place	□ Seth Paine	Woodland SD 50
Consolidated SD 15	□ Plainfield	□ Spencer Loomis	Elementary East
 Carl Sandburg JH Central Road 	☐ South ☐ Terrace	Mt. Prospect SD 57	Elementary West
□ Frank C. Whiteley	Community Unit		□ Intermediate
Gray M. Sanborn	SD 300	Lions Park	
□ Hunting Ridge	Algonquin Lakes	□ Westbrook	Public High Schools
□ Jane Addams	□ Algonquin Middle	NSSEO	Buffalo Grove
John G. Convers	Cambridge Lakes	Kirk	□ Cary-Grove
□ Kimball Hill	Carpentersville	Miner	Crystal Lake Central
Lake Louise	Dundee	Timber Ridge	Crystal Lake South
Lincoln	Dundee-Crown High	Oak Park SD 97	Deerfield
Marion Jordan	Dundee Highlands	Longfellow	Elk Grove
Pleasant Hill	Eastview	Park Ridge SD 64	Glenbrook North
Plum Grove	Gilberts	Carpenter	□ Glenbrook South
JH D Otwart D Davidsolv	Golfview	Emerson	John Hersey
□ Stuart R. Paddock	Hampshire	□ Field	Maine East
 Thomas Jefferson Virginia Lake 	Hampshire High	□ Franklin	Maine South Maine West
Walter R. Sundling JH	 Hampshire Middle Jacobs High 	☐ Jefferson ☐ Lincoln	☐ Maine West ☐ Mundelein HS
□ Willow Bend	□ Lake in the Hills		□ Niles North
Winston Campus	Lakewood	□ Washington	□ Niles West
Elementary		Prospect Hts. SD 23	Prairie Ridge
□ Winston Campus JH	Lincoln Prairie	□ Anne Sullivan	□ Prospect
Community	Meadowdale	□ Betsy Ross	Rolling Meadows
Consolidated SD 21	□ Neubert	□ Eisenhower	Twp. HSD
Cooper	Oak Ridge	MacArthur	211 (Academy
□ Field	Parkview	River Trails SD 26	South, Conant,
□ Frost	Perry	Euclid	Fremd, Hoffman
Hawthorne	Sleepy Hollow	Indian Grove	Estates, Palatine,
Holmes	U Westfield	River Trails	Schaumburg)
□ Kilmer	Westfield Community	Schaumburg SD 54	□ Wheeling
	Wright	□ Addams	Private Schools
Longfellow	East Maine SD 63	□ Aldrin	Christian Liberty
	Apollo Procoods from you	Armstrong	Academy

□ All Schools—Proceeds from your participation will be divided amongst all schools represented at the event.

Other School or School District: (minimum 5 participants to share in event proceeds):

□ School or School District Name:

Citv: